

## A typical day for our boarders

### Morning Routine

- 7.10am** Wake up.
- 7.15-7.35am** Get up, have a full breakfast and get ready for the day.
- 7.40am** Morning meeting in the Lounge.
- 7.45-8.10am** Breakfast.
- 8am - 8.25am** Music practice.
- 8.20am - 5.30pm** The school day runs between these times during which you will be fully occupied with lessons, extra-curricular activities and sport.
- 5.30pm** Evening registration and snack time.
- 5.45pm - 6.45pm** After school hobbies or downtime in the house.
- 6.45pm** Supper time: a two-course meal served in the dining room.

### Evening Routine

- 7.20 - 7.50pm** An evening activity will be on offer at this time or you can play outside, play a game or simply chill out and relax in your room with your friends or one of the common rooms.
- 7.50pm - 8.20pm** You can call your parents at this time before 'quiet time' commences.

### Bedtime Routine

Shower and teeth	Quiet reading	Lights out
Year 3/4 by 7.45pm	Year 3/4 8pm	Year 3/4 8.15pm
Year 5/6 by 8pm	Year 5/6 8.30pm	Year 5/6 8.45pm
Year 7/8 by 8.30pm	Year 7/8 8.45pm	Year 7/8 9.15pm